



We CAN

If you are aged 0 to 19,
Poole Children and Young People's Plan
is all about you. See what it can help you
do at www.poolechildrenstrust.org.uk



**Collect a different sticker every week for 6 weeks
Collect them all to get a free wristband!***

**And go online to see how the Plan can help you do well in all the ways
you have said you want to.**

You can get stickers and your wristband at:

- Your school
- Your library
- Your Children's Centre
- Your Youth Project

Collect your first sticker from Monday 22 February and a different one
every week for the next 5 weeks.

*Limited number, first come first served.

www.poolechildrenstrust.org.uk

Summary for Children and Young People September 2009

Introduction

Poole Children's Trust is working to support all children, young people, their families and carers to have better lives in every way. This means helping children and young people to:

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Be well prepared for adult life and the future

These are the **5 Every Child Matters outcomes**, set by the Government. These outcomes are for all 0 to 19 year olds, everywhere in the UK.

Poole Children's Trust has developed a new Children and Young People's Plan for 2009-12, to show how services in Poole will make the improvements that will most help children and young people. The main focus is to support vulnerable children and young people, to help them access a full range of opportunities and to overcome any difficulties they have. This document is a summary of the main points in the new Children and Young People's Plan.

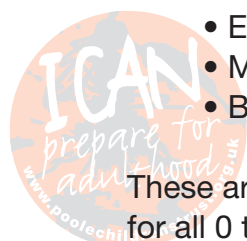
The vision for children and young people in Poole

The vision says what Poole Children's Trust wants for children and young people. It was developed through talking to children and young people, and their families and carers, about what is most important to them.

Children, young people and their families want:

- To be listened to, and have support and respect, so they and their community, school and town can be proud of each other
 - To take responsibility and improve the public image of young people
 - To feel safe, with someone they trust to go to if they have concerns
 - To have good information on being healthy, and on where to go for advice and activities, with support if they have a disability or long-term health problem
 - To enjoy learning and feel they have support to achieve their ambitions
 - To have good friends and a choice of activities that are challenging, enjoyable and accessible
 - To be able to get a good job with training and take the first steps towards independence
- Services will keep improving how they work together to meet these needs in the best way possible. We will keep improving through the approaches shown below:
- The child or young person will be at the centre of everything we do
 - We will have a single system of support that is clear and easy for people to understand
 - We will work in true partnership with parents and children
 - All agencies will work together towards the same goals and towards providing quality services
 - We will involve neighbourhoods and the community in the work to achieve the 5 Every Child Matters outcomes for children and young people

This work has started already. It will go on through 2009 to 2012.





What's in the Children and Young People's Plan for 2009-12?

The Plan has 6 main aims, with actions to support children and young people for each aim. The aims are:

- Make sure children and young people are kept safe
- Make sure all children, young people, their families and carers are treated with respect, their views influence services and diversity is valued
- Promote improved outcomes through excellent universal services that work well with each other
- Promote the health and well-being of vulnerable children and their families, increase fairness and reduce the gap between outcomes for people who are not achieving their expected potential and others who are
- Transform the lives of children in care
- Improve outcomes for children with complex needs



What are the main things in the Children and Young People's Plan?

Here are some important examples from the full Children and Young People's Plan.

How we will organise services

- We will give most support to the children and young people who need it most, as well as raising standards for all children and young people in Poole
- We will focus on areas of the town where families have the most disadvantages
- All services will work with whole families, and help them to support their children and young people
- We will provide local services where they are needed most
- We will listen to what service users say about services, and give feedback
- Services will work more closely together to get the best outcomes for children and young people. This includes schools, health services, council services, the police and local voluntary and community services. Local and voluntary services can be things like local youth projects or play groups. They can be run by local people or church groups, or by big organisations like Action for Children or Barnardo's.



A focus on helping parents and carers

- Services will support parents and carers and help them when they are under extra pressure. This may be because of a long term need such as a family member having a disability, or because of a short term crisis that makes it harder to cope. A short term crisis could be something like serious illness in a family, homelessness, or violence against someone in the family; things that are a crisis will be different in every family
- We will develop and publicise information for parents and carers about the support they can get when they are under pressure, and how to get the help that is available
- We will develop and publicise information about the leisure activities available for children and young people of all ages



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A focus on the things families have told us are important

- We will work with schools to develop ways to support children who are bullied and help them to feel safe
- We will involve children, young people, parents and carers in developing exciting learning programmes
- We will help children understand how to make healthy choices in all areas of their lives, such as what they eat and how much exercise they take
- We will increase the play and leisure facilities for children and young people
- We will improve the information and services for children, young people, parents and carers to get help with problems on drugs and alcohol
- We will continue to develop sexual health and teenage pregnancy prevention services for young people
- We will improve the choices of leisure activities and short breaks for children and young people with disabilities, and the support to use these services
- We will improve the health and education support for children in care
- We will support young people to develop the skills they need to get a job they want, to develop successful relationships, to contribute to their community and to cope well with changes in their lives
- We will involve children, young people, parents and carers in decision making about things that are important to them



What happens now?

The Children and Young People's Plan promises to improve services and how they are provided, across many areas. The changes will happen over the next three years. Poole Children's Trust Governance Board will check that services keep improving. Poole Children's Trust Governance Board gets advice from the Children and Young People's Shadow Board, parents and other groups.

Where can I get more information?

You can download the full Children and Young People's Plan at www.poolechildrenstrust.org.uk

How can I say what I think about the Plan, or get more involved?

If you would like to say what you think about the Plan, or if you would like to get involved in the Children and Young People's Shadow Board, please contact childrenstrust@poole.gov.uk

Complaints

There are complaints systems for all public services. If you are unhappy about a service that is part of Poole Children's Trust, you can make a complaint through the complaints system for that service. If you need more information about this, please contact Karen Mayo on 01202 714740 for more information or email k.mayo@poole.gov.uk

